



PERSONAL CHALLENGES FOR EXPAT PARTNERS@WORK

Here you are, ready for a new challenge in a new country. Probably your life looked completely different before moving. Because of your partner's job you landed here. So you might feel dazzled now, by this huge life change, your possible loss of career, lack of intellectual stimulation, at distance from your usual support network. Take this opportunity and turn it into a unique possibility for your next step in an intense and meaningful personal development process!

STARTING FROM SCRATCH

When did the longing for personal development start? At first being busy with 'to do's' like unpacking boxes or arranging cupboards. Now the home is ready and you feel left with nothing to do but staring at the four walls while listening to the sound of silence. Do you recognize this nagging feeling of missing inspiration, lacking objectives to strive for, or lacking energy?

Now is the time!

Turn all this upheaval into a positive experience. Go out there to embark upon a journey to your own personal passion.

GOALS ACHIEVED:

- discover more about yourself
- gain clarity about the direction you would like to develop yourself professionally in the years to come
- develop a sense of belonging in this country
- leverage between various cultures
- receive practical information on job boards, courses, starting your own business and information on working as a volunteer





FINDING YOUR FEET

Personal challenge whatever you're up to:

- finding the most challenging job
- working as a volunteer
- starting your own business
- going to college
- choosing for personal time

First it's time to find your feet and get rooted again at this spot on the globe. It's time to rediscover serenity, trust in the unknown and most of all: faith in who you are.

SAY YES

I'm committed to facilitate and support you in meeting your personal challenges. I can help you to be a healthy and happy person, finding your feet in creating a meaningful and fulfilling life at this new destination.

As an experienced global career coach, I will facilitate and support the process you're going through in defining and achieving what you want for yourself – who you really want to become. I'm dedicated to helping you connect with your sense of strength. Helping you to make choices with responsibility and unleashing your potential to achieve objectives and pursue your life with purpose and joy.

Let's embark on this journey together!

Fondly, Henriëtte

